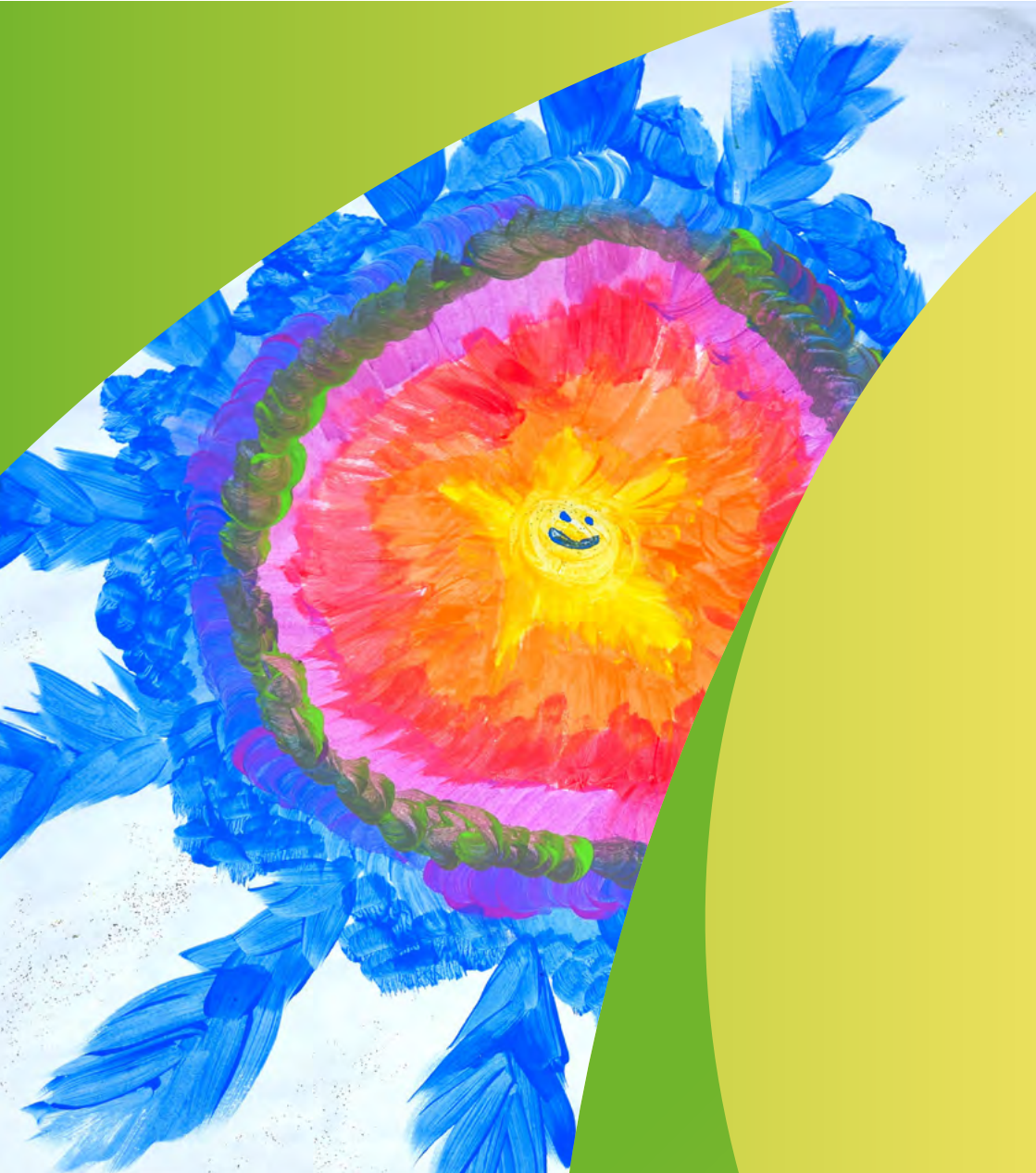


CLEAR for Children and Young People

Therapy and counselling for children harmed
by abuse or other emotional trauma

CLEAR

Emotional Trauma & Therapy Specialists



CLEAR for Children and Young People

We support children and young people (aged 0 to 18) who have been harmed by emotional trauma, in particular by abuse. Abuse may be direct or through being linked to an abusive relationship and can be physical, sexual, psychological or emotional.

We also work with the impact of emotional trauma where children and young people have been witness to or involved in incidents such as road traffic accidents or fires.

We provide a broad range of therapy tailored to the needs of each child delivered by trained, qualified and experienced therapists, all of whom are registered with a governing body such as the British Association of Counsellors and Psychotherapists (BACP). Our therapeutic service for children and young people is accredited by the BACP.



Therapy makes a difference for children and young people. We see it every day, but we don't take it for granted; we clinically evaluate our work against a set of nationally recognised routine outcome measures and benchmark against other national services. Our work makes a statistically significant positive impact on outcomes for children and young people across a range of measures including emotional literacy, mental health and positive safe relationships.

We will do our best to match children and young people with the most appropriate type of therapy. This includes art, music, play and drama therapy as well as specific trauma focused therapies. Typically, therapy lasts for twelve one-hour sessions, delivered weekly, but this can be flexible to meet the needs of the child or young person.

The majority of our therapy is funded through direct purchasing from support services eg Schools and the Local Authority Social Care teams. We do, however have limited grant funds from Children in Need and others where there is no recourse to other funds. We target this towards children aged 0-5, but funds are not exclusive to that age group. Therapy can also be purchased directly - please contact us for further details.

How to Make a Referral

Everyone who comes into our Children and Young People's Service should be referred by an organisation or parent/carer. You can access our referral form on our website www.clearsupport.net/children-and-young-people/how-to-refer or by email to referrals@clearsupport.net. If you wish to discuss a referral please call us on **0771 567 2238**

"You've made me free"

"It helps talking about what has happened, it has made me feel stronger inside"



Can you help us?

The demand for our services outstrips our current resources and we need your help to help us support more people.

#OnaCLEARday is our campaign to encourage as many businesses, organisations, schools and individuals as we can to have a fundraising event for CLEAR. There are 365 days a year to choose from and a myriad of possibilities. From a welly throwing contest, to a bake-off, to a sponsored walk! Please get in touch for a fundraising pack.

Thank-you.

Visit our Donate Now and #OnaCLEARday webpages

What will your CLEAR day look like?

Contact us

Phone: **01872 261147**

Through the contact form on our website:
www.clearsupport.net

For referrals:
referrals@clearsupport.net

For fundraising and general enquiries:
admin@clearsupport.net

And follow us on:

 @ CLEARCornwall

 @ ClearCornwall



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