

CLEAR

emotional trauma & therapy specialists
clearsupport.net | Reg charity no. 1165574

Job Description

Role Title	Adult Service Sessional Counsellor
Salary/Rate	£34 per session plus travel, supervision and resources To be reviewed September 26
Term	Sessional self-employed
Hours	Sessional as agreed
Location	Cornwall
Post reports to	Adult Service Clinical Lead
Other Considerations	Travel at 45p/mile, monthly group supervision, daily access to safeguarding support, access to therapy spaces and resources are funded by CLEAR. CPD is offered regularly at no or low cost. This post required an enhanced DBS check

Job Role and Purpose

As part of the Adult Service Team at CLEAR you will be supporting survivors of sexual abuse and sexual violence to heal and flourish after trauma. Abuse may have occurred at any point in a survivors life.

You will work on a sessional, self-employed basis to provide 1-2-1 trauma informed counselling to individuals who have been referred to CLEAR. You will provide a safe, confidential and supportive space for clients.

You will draw on a foundation of Person-centred Counselling and also be able to integrate knowledge and understanding of the impact of trauma, trauma stabilisation and/or other therapeutic models such as trauma-focused Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), Narrative Exposure Therapy (NET) Psychodynamic Psychotherapy.

Key attributes

You will be a skilled, person-centred and trauma-informed counsellor with a thorough understanding of Safeguarding principles and procedures. You will be registered

with a professional body such as the BACP and be able to demonstrate your commitment to continued professional development.

You will be experienced in working with adults harmed by sexual abuse and relational trauma.

You will be organised, competent in the use of IT, able to follow policies and procedures and keep up to date with emails and other forms of communication

Key Responsibilities

- Provide individual therapeutic counselling to CLEAR clients, delivering a high standard of counselling, working to the BACP Ethical Framework
- Conduct assessments to ascertain client’s experiences, identify risk and support any additional needs
- Organise and prepare venues for face-to-face work or through video or telephone appointments as agreed with client and Clinical Lead
- Ensure client confidentiality, contracting, relevant safeguarding and risk assessments are completed in a timely manner, reviewing and updating as required
- Ensure compliance with CLEAR’s policies and procedures, including the use of Routine Outcome Measures and record keeping on our bespoke database
- Proactively engage in monthly group supervision (funded by CLEAR) in addition to your own 1-2-1 private supervision
- Maintain your professional registration and demonstrate commitment to your own professional development and wellbeing, pro-actively engaging in CLEAR Service Days and training opportunities
- Build good relations with individuals, groups and external agencies that may need to be informed of or involved in the delivery of CLEAR work
- Ensure that monthly invoices are submitted accurately and on time
- Any other duties that may be reasonably requested in order to deliver the role

Person Specification: Skills, Knowledge and Experience:

Essential Qualifications, Skills, Knowledge and Experience	Desirable
Professional Registration and a current CPD log	Recent CPD in trauma-informed practice Familiarity with the BACP Ethical Framework
Professional and recognised qualification either at Degree or Diploma level in a particular therapeutic modality	Level 5 Diploma in Psychotherapeutic Counselling Specific Trauma Focused CBT training (TF-CBT)

Minimum Level 4 Diploma in Counselling and/or Psychotherapy	Integrative Therapeutic Style
At least 2 years post-qualifying experience of working with adults harmed by sexual abuse and sexual violence	At least 2 years post-qualifying experience of working with a wide-range of mental health concerns.
A thorough knowledge of and up to date Safeguarding training (adults and children)	L3 Safeguarding Qualification
Specific training/CPD about the impact of sexual abuse/sexual violence upon adult survivors including the guidance around Pre-trial Therapy	
Able to effectively use IT, including an online database to manage client caseload and information, Microsoft Office (Teams, Outlook, Excel), scanning and uploading documents, etc.	IT qualification or previous experience
Knowledge and understanding of client confidentiality, contracting, risk assessment and the use of Routine Outcome Measures	
Knowledge and understanding of GDPR (UK), Equality, Diversity and Inclusion and Human Rights	
Ability to work autonomously, meet deadlines and follow due process	

This job description may be reviewed and amended, by agreement, subject to the needs of the charity, our clients and our funding

How to apply: Please download the CLEAR application form from our website and email it to admin@clearsupport.net

Closing date for applications: This is an open opportunity