

CLEAR Children and Young People's Service Evaluation Report April 2023 to March 2024

The evaluation and report was undertaken by Nicola Henderson, Clinical Psychologist and CLEAR Evaluation and Quality Lead with contributions from Anna Hudson (Trainee Clinical Psychologist).

The information which has contributed to this report has been based on the CLEAR Children and Young People referrals and assessments undertaken and the routine outcome measures which were provided by the children and young people and their parent/carers who completed therapy within the timeframe. Further information has been drawn from the children's trauma therapy service 6-month post-therapy follow-up evaluation completed in January - June 2024. The questions for this 6-month post-therapy follow-up is in Appendix A.

The delivery of the children's trauma therapy service was pre-dominantly face-to-face in the therapy spaces in the CLEAR office, schools, family hubs and other community spaces including outdoor spaces.

Demographic and service delivery information

CYP trauma therapy service (CYP-ts)

Enquiries

Within the time period, 307 **CYP trauma therapy service (CYP-ts)** enquiries were received, with 182 enquiries closed, 95 referral form sent following an enquiry and 28 referrals accepted from enquiry.

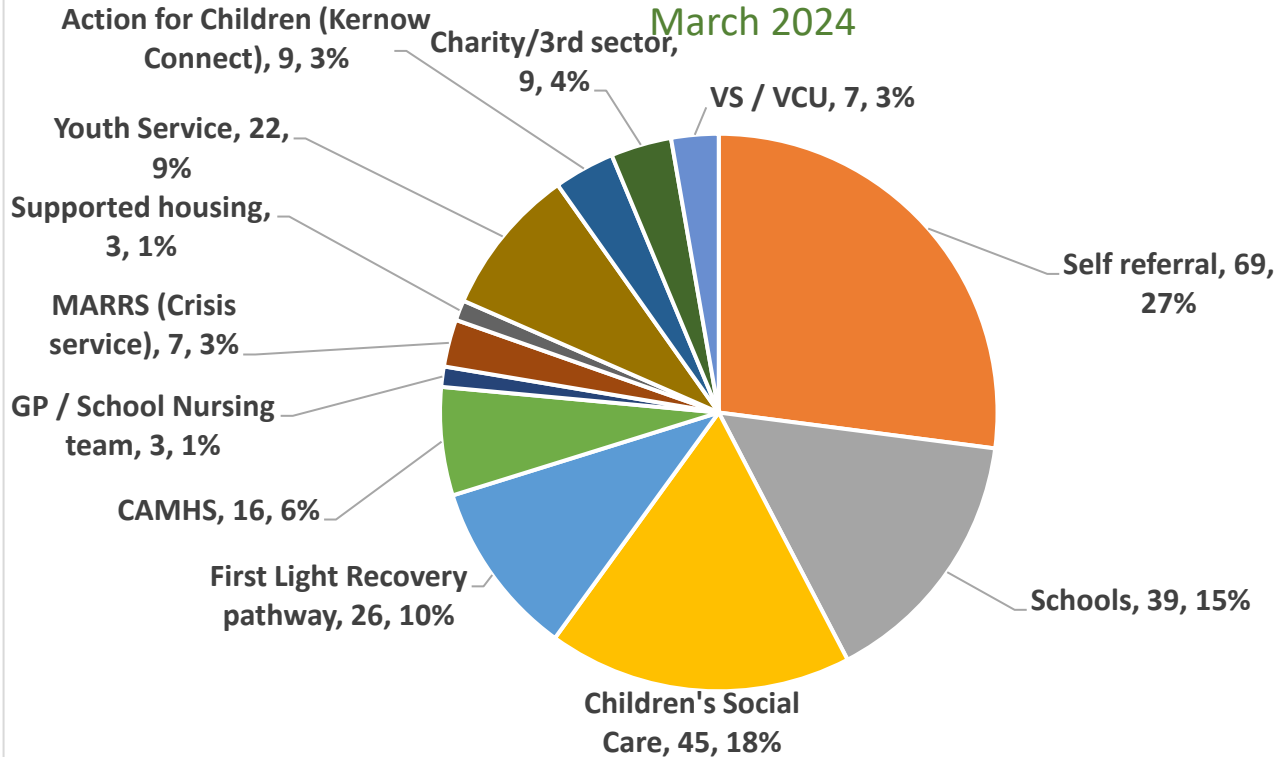
Referrals

The total **CYP trauma service (CYP-ts)** referrals received was 275. Of these total referrals, 70 (25%) identified sexual trauma as the reason for referral. There were 185 CYP allocated for trauma-informed therapy, with 10 CYP from referrals within year remaining on the waitlist at time of reporting. From the allocated referrals, 60 (31%) identified sexual trauma as reason for referral and request for therapy. Eighty CYP referrals were closed and/or signposted at point of referral.

Referral pathways

There was diversity in referrers and included those who funded the sessions directly on referral, or through funding a referral pathway.

Referrers to the Children and Young People Service April 2023 to March 2024



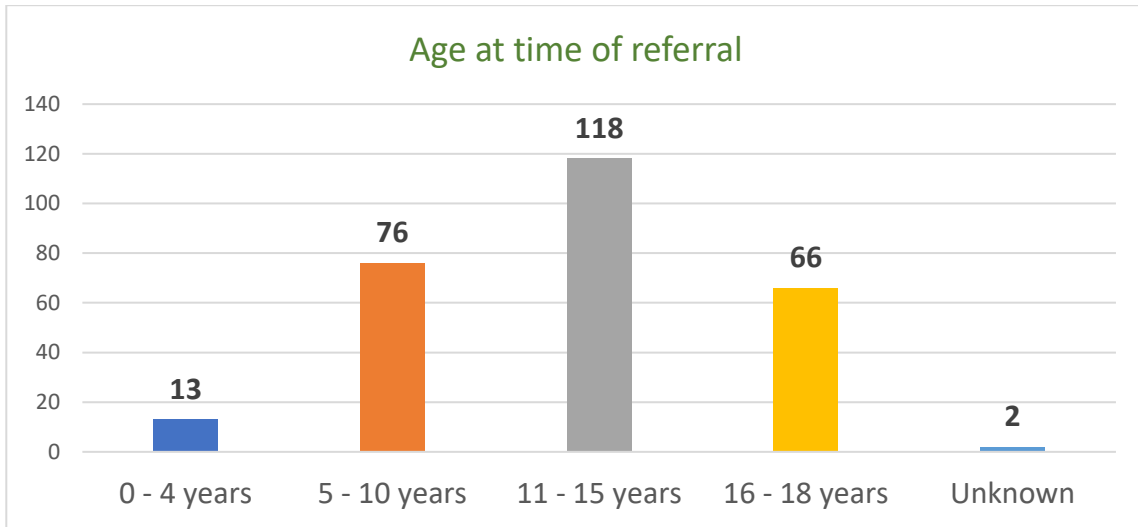
Referral demographics

Of the total 275 referrals made, 171 referrals were for girls (125 allocated to therapy, four on the waiting list), 99 referrals for boys (56 allocated to therapy, six on the waiting list) and nine young people identified as transgender (eight engaged in therapy).

Thirty-eight CYP were identified as having a disability including Learning Disability, Autistic Spectrum Conditions, Hearing and Visual impairments, Specific Learning difficulties including dyslexia and dyspraxia, Sensory Processing disorders, Cerebral Palsy, Neurodevelopmental Disorders such as Tics, and Attention-deficit disorders, severe and enduring mental health difficulties such as Obsessive-Compulsive Disorder and Post-Traumatic Stress Disorder.

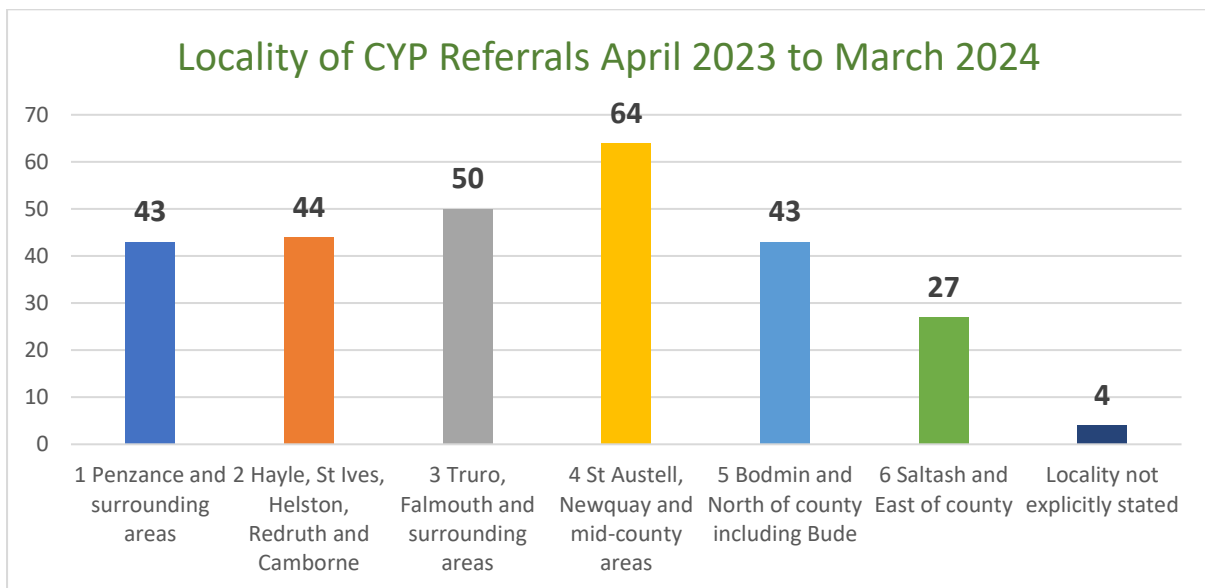
Of the 275 referrals, 257 children and young people identified as White British, eight of multiple ethnicity, one CYP identified Arab, and five Cornish. There were four Not stated/Prefer not to say ethnicity referrals.

The age range for referrals was 0 – 18 years, with a large majority falling within the ages of 5 to 15 years and an averaged age of 12 years. This reflects a change from previous years, with notably older average age (2022-2023, average 10 years and 2021-2022, 11 years), and the largest age group being 11 – 15 years compared to 5 – 10 years previously.



The average number of referrals on a monthly basis was 23 referrals. See Appendix B for Referral totals by Month and in comparison to the previous year. While the average number of referrals are the same, the pattern shows more variability in the recent year. There are two contextual factors known which are likely to be contributing the variability; the pause periods in the children’s service referrals and the raised awareness of CLEAR as an organisation with the launch of the ICC service.

The referrals were spread across county, with highest number in locality 4 (St Austell, Newquay and Mid-County) and a over 50% decrease in the numbers of referrals from locality 6 (Saltash and East of county; 2022-2023 62 referrals in Locality 6).

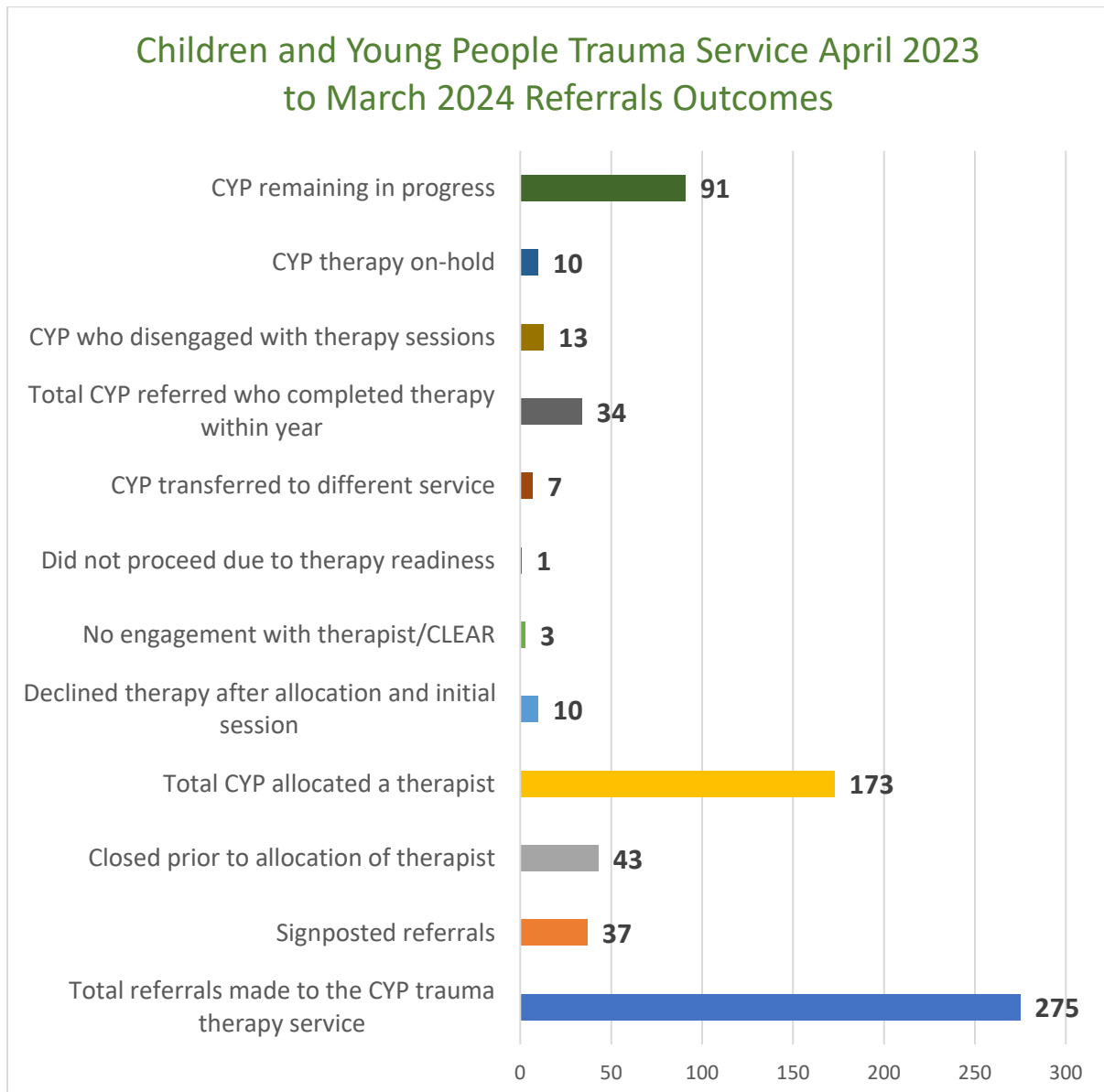


Referral outcomes

Of the 275 referrals received, 80 (29%) referrals were closed prior to allocation of a therapist; 37 referrals (13%) were signposted to commissioned and charitable services in the

community and 54 (19%) referrals were closed for a range of reasons; securing funding for the therapy sessions unsuccessful, child and family declining allocation of therapist, child and family having no engagement with CLEAR, or the child and family not meeting stability or safety threshold for therapy readiness (e.g., active abusive relationship identified).

A total of 173 children and young people (CYP) were allocated a therapist to engage with an initial assessment session and start therapy sessions. Twelve referrals were closed on initial assessment with a therapist, as the child and family declined the offer of therapy sessions. Three did not engage with therapist and no further successful contact was made by CLEAR with the child and family. One children referred were identified following allocation as not having therapy readiness to proceed, while seven children were supported to transfer to a difference service.



Therapy processes for Referrals within year

Thirty-four children and young people have completed therapy within the year of referral. Thirteen (8%) CYP disengaged from sessions once started, with an average of six sessions completed prior to disengagement. Ninety-one CYP remain in progress in their therapy at the time of reporting, with 10 CYP on hold due to change in readiness for therapy or negotiated break due to external stressors (e.g., exams).

Outcomes and impact of service

The outcome and effectiveness of the therapy for children, young people and their families/carers was measured from the observations of 186 children and young people who completed therapy *within the reporting time period*. There was an average of 15 therapy sessions within these completed interventions. From those who completed therapy, there were 121 CYP who completed at least one pre and post outcome measure (65%) while 78 had completed data pre and post therapy sessions for both CYP and parent/carer (41%). The outcome measures remain voluntary for CYP and parent/carers; notably for adolescence, there is increased likelihood that only CYP outcome measures are completed with less parent/carer involvement in therapy by CYP choice.

Across the Emotional Literacy Scale (aged 7 years to 18 years), the return for pre and post data for parent was a total of 72 observations (45%). When reviewing these outcomes, there were significant improvements overall for the parent report ($t = -2.81, p = 0.001$). There were individual scale observations of significant improvement in the area of self-awareness ($t = -4.49, p < .001$). The Post-therapy averaged total of 64.7 falls within *Average* range.

Within the Emotional Literacy Scale (aged 7 years to 18 years) observations made by the children and young people, there were small positive improvements made for both children aged 7 to 11 years ($n = 17$), and young people aged 12 years and above ($n = 20$) in their emotional literacy following their therapy sessions, however these were not significant in either age group.

Across the Strength and Difficulties Questionnaire (aged 4 to 17 years), the return for pre and post data for parent report was a total of 87 (49%). The average observations of parents pre and post therapy demonstrated a significant reduction in overall difficulties for the child and young person ($t = 2.92, p = 0.00$). Within these observations, there was significant improvements for Emotional symptoms ($t=3.80, p=0.00$). There was a significant difference observed in how the difficulties impacted both on the child and young person, their families and support, their friendships, interests and learning ($t(223)=4.61, p < .001$); a small effect size (Cohen's $d=0.172$).

From the Outcome Rating Scale (From 7 years and over), there were observations made by 117 (72%) children and young people pre (average = 26.5) and post (average = 30) therapy which showed progress and positive improvements across general wellbeing (me, family, school, everything) which were significant ($t(236)=-3.38, p=0.00$).

The routine outcome measures for children and young people aged 11 and older have continued to complete the Child Revised Impact of Events (CRIES-13) as a trauma response screening and the Child and Youth Resilience Measure (CYRM) which looks at both personal and relational resilience for a child and young person.

The CRIES-13 was completed by 53 CYP (53%) which observed significant reduction in overall trauma responses ($t(102)=4.46$, $p<.001$); a small effect size (Cohen's $d = 0.198$) is observed with pre-therapy (*Mean* of 47) compared to post-therapy (*Mean* of 35.3).

Within the CRIES-13, there were significant reductions in all areas; Intrusions ($t(119)=4.42$, $p<.001$) Avoidance behaviours ($t(119)=3.21$, $p<.001$), and levels of Arousal ($t(119)=4.15$, $p<.001$). The most notable effect size being in reductions of Intrusions (Cohen's $d = 0.266$).

The Child and Youth Resilience Measure (CYRM) was completed by 50 CYP (50%) and observed positive improvement in overall resilience though not significant (pre-therapy mean = 63.4 versus post-therapy mean = 66.8).

Psychoeducation and Therapeutic parenting support

The Psychoeducation and Therapeutic parenting support offer of six sessions continued subject to funding availability. The parent/carers were referred internally by CYP therapists subject to funding approval by Children's Clinical Lead. This therapeutic support is provided by a child and young person therapist, separate to the CYP's therapist and by telephone or online platform.

Six referrals were made for this therapeutic support during the reporting period; two parent/carers did not engage with therapist once allocated, two parent/carers disengaged with sessions and two parent/carers completed the intervention. There are no outcomes from the completed interventions referred in the reporting period. There were 23 parent/carers who exited the parenting support during the reporting period; 13 completed, 4 disengaged and 6 had no engagement.

Parent/carer outcomes following the Psychoeducation and Therapeutic parenting support

The outcomes for this therapy are measured by the Child-Parent Relationship Scale and with Parents/Carers identifying three goals for the sessions (relating to self, child and relationship). The following outcomes are from the 23 parent/carers who exited the service during the reporting period.

The Child-Parent Relationship Scale is a parent self-report for parents/carers of children from 3 – 12 years which measures parent perceptions of the parent-child relationship in three domains; closeness, conflict and dependency. Our outcomes for seven parents ($n = 7$) show perceived improvements were made in the closeness of the child-parent relationship (pre-support, $M=39.9$ versus post-support, $M = 41.8$), reductions in conflict in the child-parent relationship ($M = 27.1$ versus post-support $M = 25.1$) and reduction in levels of

dependency (M= 12.8 versus post-support M = 11.1) however these were not significant and to be aware of very small *n*.

Parent/carer feedback following the Psychoeducation and Therapeutic parenting support

What was good about my care?

I really appreciated being listened to and normalising my experiences. Less isolating.

Having [therapist] to talk to and there being no judgment.

Learning tools to help O and H, it was really helpful to ask O directly what he missed about his dad, instead of guessing and feeling guilty. It really helped to understand that children are not able to discuss things when they are upset, understanding nervous system more and when to communicate with them afterwards.

The engagement from [therapist] and her non-judgemental and problem solving approach.

What improvements could be made

I would have like more sessions, but understand there are others who need support too

General feedback on service

It's been amazing and I feel so privileged to have had this support with [therapist].

Very grateful to be given the chance to speak to somebody after so long, feeling better and getting confidence back

It has been really helpful for supporting H and O and understanding things more from their point of view .I feel a lot more confident in supporting them. O has become much happier and his behaviour is so much better.

[Therapist] is lovely and made me feel relaxed. I feel like she helped me as an individual and in some ways helped me with my son. She had a very holistic approach in the sense that I felt she looked at my family as a whole, as well as our individual needs.

CLEAR Service feedback and reflections on therapy by children, young people and their families/carers

Evaluation of Service questionnaire for parent/carers

At the end of therapy parents and carers were asked to complete the Evaluation of Service Questionnaire (CHI-ESQ). In total, 76 (40%) parents completed this questionnaire and their

responses to individual items on this measure indicated they were very satisfied with the service received from CLEAR. Total scores on CHI-ESQ can range from 12 to 36, with higher scores indicating greater satisfaction. The average score was 33.6. A high level of satisfaction observed for those giving feedback.

Open-ended questions are also asked of parents such as what did they value in the service, where could things be improved and in general comments.

What was good about my child's care?

Its been life changing, I dont want it to finish, [therapist] has been amazing

[Child] has enjoyed her sessions and was happy to talk about things she liked without feeling judged.

I appreciate you going into schools as we both work full time and couldn't make the appointments but the telephone flexibility was great. Having specialist trauma help was brilliant, we were so grateful. Everyone has been really professional. I can see a change in him.

Its what [child] asked for and its certainly helped her so much.

I felt like I could trust that progress was being made, and if it wasn't being made, things were changed to help facilitate that.

The fact that you listened to me and [child] - I don't know what magic wand you have, but I came needing help for her to self soothe and you have done that, so thank you. I feel like you've lead her on a path to feel safe and comfortable for the rest of her life.

[Child] and I found it really easy to connect with [therapist] and felt safe and relaxed in spending time and speaking to [therapist]. I feel like [therapist] went above and beyond my expectations in terms of taking the time to talk to me about my concerns and difficulties between sessions. It has helped me so much. She has been amazing.

Sessions were in a lovely, calming environment that made [child] feel comfortable. [child] struggle's to stay focused. [therapist] picked up on this very early on and gave us some grounding techniques that really helped [child] focus during our sessions and at home.

Communication, care, sensitive

Because of the situation. Not feeling judged. Able to be honest. No harm in being honest and knowing that it will not be misinterpreted. [parent] has had some space for herself. Well held.

Really liked the speed in which my child was seen after referral. Really liked being referred to parent support. Really liked being asked to first and last session so felt involved and I knew what would be happening.

What improvements could be made?

I'd like [child] to have a check in in a few months.

More sessions I would ask for as should be tailored to a child and needs not set times but I understand a waiting list and more children need help

It was upsetting that therapy didn't work with how to get the best out of her, but she needed to be open to that as well. More art-based would have suited her better.

It's difficult that she gets so much from the therapy and then has to stop as even if she gets more help from someone else, she'd so much rather see the same person for longer. Hard to build that relationship with someone else.

The waiting lists are too long - you need to recruit more people.

Just feel the service should be more widely advertised as such a good service but had no knowledge of it before asking for help.

General feedback

I've been impressed with everything.

You've done amazing and I'm so glad your service is out there.

Would highly recommend the service you provided for us

It was brilliant the help, support and advice given was second to none. Would definitely recommend.

This service not only helped my child but helped us as a family

The sessions have made such a positive impact on [child's] life and our family life, being able to cope with situations that [child] wouldn't have been able to cope with before is testament to the service and our sessions with [therapist].

It's been an incredible journey for us both

I'm just grateful that he had therapy and you have made a massive difference to his life and ours as a family.

"It's hard to put into words" service evaluation questionnaire for children and young people.

Children aged seven years or more were also asked to complete a satisfaction with service questionnaire, It's Hard to Put into Words, which was designed by CLEAR Ideas, CLEARs co-participation group. In total, 90 (55%) children seven years and over, completed this questionnaire at the end of therapy. Children's feedback was generally very positive. Total average scores on this measure can range from 0 to 45. The average score was 35.1 which is at a "good" level. Here are some examples of the feedback from children and young people;

What was good about my care?

- It helped me to talk about stuff rather than it all getting bottled up and then exploding.
- That it wasn't pressuring and that you have to do it. That it was relieving and relaxing.
- I liked I could be creative and I got a choice
- I think that my sessions really made an impact on my future and on how I view different situations as an individual.
- Made me feel like I was normal and validated
- I am able now to understand why I feel certain emotions and have learned to acknowledge my triggers. I have been treated with patience and support which now enables me to process my emotions better and even reduced my dissociative episodes and calm myself through meditation exercises.
- I never used to be relaxed or even experienced the feeling of relaxation but now I can chill out which is insane!!!! I have been in and out of therapy since I was 9 and this is the best experience I have ever had. There are so many more things to say but I will be forever grateful for [therapist].
- Telling stuff about the past. Talking to someone that helps me not think about my past as much and helps me just think of the future
- Feeling Safe and Being able to talk openly.
- The creative parts made it easier

What to improvement could be made?

- Face to face would have been better but I understand the reasons why it had to be online because it meant I had to rely on my mum to get me to appointments and I couldn't do that.
- I wish there was a chance for me to have more therapy as despite coming a long long way, there are always things you can improve on. Even if it was just a chat every two weeks but obviously mental health is severely underfunded and there are a lot of patients out there that do need help. I just wish everyone has the chance that I got.
- I would have liked to have been in a more private area like somewhere off site (school)
- Make the amount of sessions more.

General feedback

- I hope that my Sister can have some CLEAR counselling and everyone should have it.
- It's helped my in improving my relationships at home and he helped me to cope with my parents.
- It's really helped me and I'm glad I got seen by someone quickly.
- Thank you for helping me. I am going to miss my sessions with you.
- I feel I have a better understanding of why I was feeling the way I did I feel I have come a long way and it is noticeable to my family too how much more happy and regulated I am which has had a huge positive impact on my mental and physical health. Thank you.
- It's changed my life
- I am extremely grateful that I have been able to have access to this therapy and I never imagined of living the life I have now. I am very very proud of myself and fought very hard to get where I am now. I doubted if it was even worth trying therapy again after so many attempts but I am so glad I didn't give up on myself. I am so glad I can have a laugh, smile and enjoy my life instead of living in fear or in a traumatised state.
- Everything was good - it works!
- Just Thank you
- The sessions have made me more comfortable to open up and talk about my feelings.
- I enjoyed CLEAR

6-months follow-up survey for children, young people and their families who had completed therapy with CLEAR.

A part of the routine outcome measure programme, there is a follow-up survey undertaken with children, young people and families 6-months after therapy. It seeks to capture the ongoing impact of the therapeutic work completed with CLEAR.

The follow-up surveys were undertaken by an CLEAR Child therapist in the earlier part of 2024, ending in July 2024. The survey sought reflections by CYP/Parent/Carer on the therapy with CLEAR and to understand what support, and at what level that children and young people may have needed after therapy with CLEAR. A thematic analysis of the feedback has been undertaken, and readily identifying the areas in which there is shared experiences and impact.

Data is included from the parents of 16 children who had completed therapy with CLEAR, and whose parents had given consent for follow-up and agreed to give further feedback on the telephone.

The evaluation loosely followed guidance on inductive content analysis (Vears and Gillam, 2022).

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Big-picture categories	Sub-categories	Feedback (words are directly taken from feedback forms)
<p>Parent reported that CLEAR support led to positive outcomes and maintenance for their child</p>	<p>General improvements</p>	<ul style="list-style-type: none"> • Enjoyed having someone to speak to • Having a person to offload to was helpful. • Things were “not as bad as it was before” and that they were “getting better”. • This has been a dramatic change – really taken on board the advice from CLEAR. • Happier after sessions. • Doing much better in school. • Doing well at school. • Maintained over the last year. • Off weeks but knows how to cope with this better now. • Impact of CLEAR had been sustained (the therapy stopped about a year ago). • Sustained more in school than at home.
	<p>Emotion identification and regulation</p>	<ul style="list-style-type: none"> • Better at regulating emotions now – could be just older. • Can talk about his emotions. • Helped her daughter begin to express her feelings. • Child was more open to talking and generally more confident. • Helped her daughter be able to talk about things that had happened. • Able to process what had happened more and come to terms with it. • Calmer. • Some calmed down initially and smiled a lot more – she also noticed that he talked to her rather than yelling. • Continued to demonstrate heightened behaviours after contact with her father, but situation was much better. Prior to the CLEAR support, her child used to lash out physically – there was much less of this behaviour towards her mother now. The improvements have been sustained _ the support had ended about a year ago.

	Therapeutic alliance	<ul style="list-style-type: none"> • A very quirky, very lovely therapist. • Daughter “adored” her CLEAR therapist. • Child’s therapist “was brilliant”. • Child’s therapist had “a really lovely energy”. • Therapy was “amazing” for her child and spoke very positively of the child’s therapist (e.g., the child had significant sensory issues and the therapist had managed to develop sufficient ‘safety’ in the therapeutic relationship that he was able to explore touching paint and opened up about a fear that he had not been able to confide in his parents about). • Communication was key. • Therapist had contacted her from time-to-time when things came up in sessions and she had made a recommendation around a book. • Comfortable having a male therapist – enabled her son to open up (no Dad in his life). • He really found accepting the fact that the therapy had ended very hard and asked about when his therapist was coming back for many weeks.
	Parents expressing gratitude for CLEAR support	<ul style="list-style-type: none"> • Very thankful. • Thank you so much for everything you did. • Up to standard. • Amazing. • Happy that it actually helped him as before mum didn’t really believe that therapy did anything. • Amazing job. • To see him (CYP) smile for so long was lovely. • Really good and really helpful. • Pleased with the CLEAR support provided. Did help. • Sad when it ended.
Parent reported that it was difficult to gauge the impact/maintenance of CLEAR support for their child	Impact of contextual factors	<ul style="list-style-type: none"> • Therapy was in parallel with other measures at school, so it was difficult to know how much each contributed. • It was difficult to gauge the longer-term impact due to other life events and supportive strategies engaged with.

		<ul style="list-style-type: none"> • Situation has changed in that client is now having face to face contact with dad again since December. • Grandmother had bought ponies and recognised that this had had a significant benefit for both of her children.
	Neurodiversity	Difficult to identify any particular impact (as she believes her daughter has ASD and is on the ASD assessment waiting list for assessment).
	Ongoing difficulties	<ul style="list-style-type: none"> • Dad still sees a lot of trauma being played out at home. Meltdowns still happening regularly. Now that the therapy has finished things are still the same as they were before. • Since contact client is bedwetting again. Back to violence towards sisters. Strangled another child. • Child's positive changes lasted for about 2 months. Sadly she felt that the benefits had "all gone" now and stated that "He's shut down again". • Struggles most when things are difficult but there is no obvious trigger. • Still having out bursts. Struggling over Christmas as first Christmas without dad.
CLEAR's offer and service positioning	Wishes to extend CLEAR support	<ul style="list-style-type: none"> • Elongate the service. • Have access to the CLEAR therapists on a more permanent basis – "if you guys could work in schools". • Providing parent support in parallel would have been something she would have wanted and engaged with, if it had been offered. • Trauma informed parenting - Mum doing lots of reading around this as well. • Advice and help outside the school system - would be helpful for schools to follow/ have more gumph. • School have said that they cannot put any more therapy in place as they need to give things time to settle down after the therapy. • Would like more therapy but due to the court order mum and dad would both need to consent to this.

		<ul style="list-style-type: none"> • Therapy had to end after four sessions due to court proceedings.
	Barriers to accessing further support	<ul style="list-style-type: none"> • Keep being referred to early help hub - strategies do not work. • Parent reported that she didn't feel her concerns were taken seriously by the school. • Moved away to uni.
	CYP support services accessed	<ul style="list-style-type: none"> • CLEAR Ideas really supportive. • The parent said she would like to have been more involved with CLEAR Ideas but her health difficulties limited this. • True Butterflies • Speech and Language team • Assessment with CAMHS –on waiting list for therapeutic support • EHCP • Neurodevelopmental assessment • First Light • Trauma-informed, private speech and language therapist • ASD assessment • Looking into getting more therapy through work insurance • Parent expressed an interest in accessing further CLEAR support for this child.
	Parent/carer support services accessed	<ul style="list-style-type: none"> • True Butterflies • Women's Aid • Parenting support through the Family Worker • Therapeutic parenting support through the ASF • First light – virtual parenting support • Suzie Project • Private counselling

The thematic analysis of this 6-month follow-up was compared to the previous, undertaken within the evaluation report of April 2022 to March 2023. The following are commonly held threads and themes;

- *CLEAR support led to increased emotional expression and regulation*

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- *The importance of therapeutic alliance between child and therapist. With the recent evaluation, therapist communication with CYP was highlighted to be important.*
- *Contextual factors identifying the impact of CLEAR work/impact not being sustained however there was increased ability/willingness to ask for help, access support and engage with the therapy.*
- *Wishes to extend the service offer/short-term work brings challenges with ending and perception that more progress could happen. Feedback around parents wanting to be more included and also have support was repeated. The recent evaluation highlighted the wish for further support for schools.*

Learning and Goals for service development

Strengths	Areas for Improvement
<ul style="list-style-type: none"> • Breadth of skills and knowledge across the CYP workforce • Outcomes for CYP are sustained as evidenced in 6 month follow-up 	<ul style="list-style-type: none"> • Increase in data collection and reporting from all therapists • Greater oversight of clinical governance within the CLEAR database by the CCL • Increased oversight of allocation of funds – in particular use of funds to support parents/carers and understanding of where CLEAR can make the biggest difference# • Improvements in end to end processing times
Learning Points	
<ul style="list-style-type: none"> • Delays in end to end processing time has impacted on the number of CYP seen and led to some disengagement of CYP therapists, leading to geographic gaps in delivery • CCL understanding and application of funding is critical to delivering a balanced service that can support a broad range of trauma and include psycho-ed for parents 	
Priorities for Service Improvement 2024/25	
<ul style="list-style-type: none"> • Coproduction with CYP Therapists on service development • Recruitment of therapists to fill geographic gaps • Improving speed of referrals coordination and allocation to therapists • Critical review of use of best use of funds available, including increased levels of extensions 	

Appendix A

Children and Young People Service Evaluation – 6-month follow-up after therapy completed with CLEAR

What was an outcome of the therapy work with CLEAR? Has this been sustained over this period since the therapy came to an end?

Have you or your child(ren) had any further therapeutic or professional support over this period since the therapy came to an end?

If so, with whom?

Any further feedback or comment in relation to the therapy work with CLEAR or after working with CLEAR as an organisation?

Big thank you for their feedback and being part of this evaluation!

Appendix B

Number of Children and Young people referrals by month for past 2 years.

Month	Total number of referrals for reporting year April 2023 – March 2024	Total number of referrals for previous year April 2022 – March 2023
April	9	20
May	22	29
June	33	32
July	12	31
August	15	15
September	28	22
October	33	18
November	30	29
December	17	20
January	43**	23
February	27	12
March	6	27
<i>Average number of referrals monthly</i>	23	23

**It is proposed that the increase in awareness of CLEAR as a service due to the launch of the Invictus CLEAR Counselling service in January 2024 lead to in this high number of referrals to the CYP trauma service.