

### **About us**

We are a Cornwall based charity dedicated to the highest levels of care and support for people of all ages impacted by abuse and trauma. Our mission is to prevent, reduce and help children, young people and adults to heal from emotional trauma, in particular trauma that is linked to domestic abuse and sexual violence.

We are proud to be a member of the Survivors Trust and are the only all-age service in Cornwall. Our children's service is both registered and accredited by the British Association for Counsellors and Psychotherapists (BACP). Our counselling services work to the BACP Ethical Framework for the Counselling Professions.

## What we do

What we do makes a difference. From 1-2-1 therapy for people of all ages, to our work in schools, our services are focused on preventing, reducing and helping people to recover from the harm caused by abuse, exploitation, sexual violence and other traumatic incidents. You can see our full range of services on our <u>website</u>.

Delivery is through practitioners with specialist knowledge and training. All of our therapists and counsellors are trained, qualified and registered with the appropriate governing body such as the British Association of Counsellors and Psychotherapists. Our services are monitored and evaluated against national standards and insights gained from feedback is used to continuously improve and develop what we do.

We offer a supportive and therapeutic environment where children and young people and adults, parents, carers and professionals can receive appropriate advice and information and share their experiences through individual and group work.

What people have told us about CLEAR: "... before CLEAR we were 'victims' we are no longer..."

# Centre of Excellence

Our Centre of Excellence brings together learning, research, resources and training opportunities for professionals and practitioners. Our Level 5 diploma in Working Therapeutically with Children and Young People has been accredited by the Counselling and Psychotherapy Central Awarding Body (CPCAB), and is the first and only course of its kind available in Cornwall.

# The role: Trustees

CLEAR: Emotional Trauma and Therapy Specialists are seeking new trustees who will contribute to the board with their experience in:

- HR
- Financial management
- Corporate fundraising

# **Role summary**

The duties of a trustee are as follows:

- Ensuring that the organisation pursues its stated objects as defined in its governing document, by developing and agreeing a long-term strategy
- Ensuring that the organisation complies with its governing document (ie its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation applies its resources exclusively in pursuance of its charitable objects (ie the charity must not spend money on activities that are not included in its own objects, however worthwhile or charitable those activities are) for the benefit of the public
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

# **Person specification**

CLEAR would like to hear from people who have the following skills and experience and can demonstrate the following competencies and values:

• Background/experience in the following areas: HR, financial management and corporate fundraising.

- A commitment to the organisation
- A willingness to devote the necessary time and effort
- Strategic vision
- · Good, independent judgement
- An ability to think creatively
- A willingness to speak their mind
- An understanding and acceptance of the legal duties, responsibilities and liabilities of trusteeship
- An ability to work effectively as a member of a team
- A commitment to Nolan's seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty and leadership.

#### What's in it for the trustee?

You will have the opportunity to work alongside highly skilled people, who are committed to personal development and are all very proud of what they do. In addition, this is an opportunity to showcase your experience for the benefit of an organisation that provides valuable counselling support to people experiencing emotional trauma.

## What impact will the trustee have?

Being a trustee is a rewarding experience as you will use your skills to help continue developing our strategy. You role will have a great impact in how we continue offering our services. We are an open and transparent organisation, bound by an ethical framework. We always strive for ensuring our processes are evaluated with a view to improve how the organisation operates for the benefit of our clients.

#### Time commitment

- Board meetings take place every other month in the evenings and last a couple of hours and an AGM in September.
- Other ad-hoc time is required for reading documents in preparation for meetings and CEO's monthly bulletins.
- Other active participation is also encouraged but not essential.

# How to apply

Applications should be made via Reach Volunteering in the first instance.

In order to submit an application, please provide an up to date CV and a cover letter, explaining why you are interested in joining CLEAR's board of trustees, how your skills and experience would add value to the organisation and any other relevant details.

Please email your application at <a href="mailto:trusteeworks@reachvolunteering.org.uk">trusteeworks@reachvolunteering.org.uk</a>



