



**POLSKI  
TELEFON  
ZAUFANIA**

**DLA OFIAR PRZEMOCY W RODZINIE**

## **POLISH DOMESTIC VIOLENCE HELPLINE**

# **TEL: 01270 260106**

- ✓ It's a national helpline which supports Polish victims of domestic violence living in the UK
- ✓ Helpline staff speak Polish
- ✓ Risk assessments are carried out for all callers who ask for help and they are referred to specialist domestic violence agencies for further support
- ✓ It co-operates with English and Polish organisations and support groups

**E-mail:**

[polishhelpline@cheshirewithoutabuse.org.uk](mailto:polishhelpline@cheshirewithoutabuse.org.uk)



**SPONSORS:**



Zjednoczenie Polakie w Wielkiej Brytanii 240 King Street London W6 0RF



**Consulate General  
of the Republic of Poland  
in Manchester**

The project is carried out by Polish website Nowe Życie Bez Przemocy (A New Life Without Violence) in co-operation with Cheshire Without Abuse.

„**Nowe życie bez przemocy**” is a Polish website with information for victims of domestic violence living in the UK. It contains information about help and options available to them in relation to issues such as finances, accommodation and legal proceedings. It also explains what domestic violence means, how it affects individuals and how to spot its early signs.

**E-mail: [nzbp.info@yahoo.co.uk](mailto:nzbp.info@yahoo.co.uk)  
[www.nowezyciebezprzemocy.co.uk](http://www.nowezyciebezprzemocy.co.uk)**

**Cheshire Without Abuse (CWA)**, formerly known as Crewe Women’s Aid since 1977, is a charity working in the Cheshire East area. They support women, men and children whose lives have been affected by domestic abuse. They offer a wide range of therapeutic services, including: recovery programmes for adults and children, training, change programmes for adults with abusive behaviours and children and young people activities and programmes. They also provide safe, temporary crisis accommodation to women, men and children fleeing domestic abuse.

Tel: 01270 250 390

E-mail: [info@cheshirewithoutabuse.org.uk](mailto:info@cheshirewithoutabuse.org.uk)

[www.cheshirewithoutabuse.org.uk](http://www.cheshirewithoutabuse.org.uk)

